

CLAIM AMENDMENT

Please amend the claims as follows:

1. (Previously presented) A method of preparing a foodstuff, comprising the steps of:
 - (a) obtaining a selected foodstuff; and
 - (b) adding the composition of claim 12 to the foodstuff, wherein the consumption of an effective amount of the foodstuff lowers the serum cholesterol levels of a subject in need thereof.
2. (Previously presented) The method of claim 1, further comprising adding at least one compound selected from the group consisting of a saponin, a phytoestrogen, and a carbohydrate substantially resistant to digestion.
- 3.-4. (Canceled)
5. (Original) The method of claim 1, wherein the foodstuff is soy-based.
6. (Previously presented) The method of claim 1, wherein the foodstuff lacks oleosin prior to the step of adding.
7. (Previously presented) The method of claim 1, wherein the foodstuff comprises oleosin prior to the step of adding.
8. (Original) The method of claim 5, wherein the foodstuff is selected from the group consisting of soy flour, soy grit, soy meal, soy flakes, soy milk powder, soy protein concentrate, soy protein isolate and isolated soy polypeptide.
9. (Original) The method of claim 8, wherein the soy protein isolate is a high molecular weight fraction of a soy material treated with a protease.
10. (Previously presented) The method of claim 8, wherein the isolated soy polypeptide comprises β -conglycinin.
11. (Previously presented) The method of claim 8, wherein the isolated soy polypeptide is glycinin.
12. (Currently amended) A composition for lowering serum cholesterol levels comprising:
 - (a) glycinin and/or β -conglycinin;

- (b) oleosin, wherein the composition comprises at least 5% oleosin; and
- (c) phospholipid, wherein the phospholipid comprises not less than 2% weight percent of the composition.
13. (Original) The composition of claim 12, wherein the glycinin or β -conglycinin is at least partially hydrolyzed by an enzyme or a mixture of enzymes.
 14. (Canceled)
 15. (Previously presented) The composition of claim 12, further comprising β -conglycinin and purified oleosin.
 16. (Canceled)
 17. (Previously presented) The composition of claim 12, wherein the composition comprises from about 5% to about 10% oleosin.
 18. (Previously presented) The composition of claim 12, wherein the composition comprises greater than about 10% oleosin.
 19. (Previously presented) The composition of claim 12, wherein the composition comprises about 30% to about 50% oleosin.
 20. (Previously presented) The composition of claim 12, further comprising at least one additive compound, wherein the additive compound is selected from the group consisting of a saponin, a phytoestrogen, and a carbohydrate substantially resistant to digestion.
 21. (Original) The composition of claim 20, wherein the phytoestrogen comprises an isoflavone.
 22. (Original) The composition of claim 21, wherein the isoflavone is selected from the group consisting of genistein, diadzein, equol, biochanin A, formononetin, and their respective naturally occurring glucosides and glucoside conjugates.
 23. (Original) The composition of claim 20, wherein the carbohydrate is selected from the group consisting of high amylose starch, oligofructose, and soy cotyledon fiber.
 24. (Previously presented) The composition of claim 12 wherein the phospholipid is selected from the group consisting of lecithin, lyso-lecithin, and lecithin with a modified fatty acid composition.

25. (Original) The composition of claim 20, wherein the saponin is selected from the group consisting of soy saponin A, saponin B, saponin E, sapogenol A, sapogenol B, and sapogenol E.
- 26-30. (Canceled)
31. (Original) The composition of claim 12, wherein the glycinin is the basic subunit of glycinin.
32. (Previously presented) The composition of claim 31, wherein the basic subunit of glycinin is the β -1b subunit.
33. (Previously presented) The composition of claim 12, wherein the β -conglycinin is the α' subunit thereof.
34. (Previously presented) The composition of claim 12, further comprising more than 40% β -conglycinin.
35. (Canceled)
36. (Previously presented) A method for lowering serum cholesterol levels comprising the steps of:
- (a) adding the composition of claim 12 to a selected foodstuff; and
 - (b) providing the foodstuff to a subject in need thereof in a quantity sufficient to lower serum cholesterol levels.
37. (Previously presented) The method of claim 36, further comprising adding at least one compound to the foodstuff selected from the group consisting of a saponin, a phytoestrogen, and a carbohydrate substantially resistant to digestion.
- 38.-39. (Canceled)
40. (Original) The method of claim 36, wherein the foodstuff is a soy-based.
41. (Previously presented) The method of claim 36, wherein the foodstuff lacks oleosin prior to the step of adding.
42. (Previously presented) The method of claim 36, wherein the foodstuff comprises oleosin prior to the step of adding.

43. (Original) The method of claim 42, wherein the foodstuff is selected from the group consisting of soy flour, soy grit, soy meal, soy flakes, soy milk powder, soy protein concentrate, soy protein isolate and isolated soy polypeptide.
44. (Original) The method of claim 43, wherein the soy protein isolate is a high molecular weight fraction of a soy material treated with a protease.
45. (Previously presented) The method of claim 43 wherein the isolated soy polypeptide comprises β -conglycinin.
46. (Previously presented) The method of claim 43 wherein the isolated soy polypeptide is glycinin.
- 47.-55. (Canceled)